

COVID-19 Roadmap 2021

ATHLETICS & RUNNING



Step 1



Step 2



Step 3

From 17th May

- Athletics & running can take place for educational purposes (schools, childcare clubs, colleges, and universities).
- Outdoor & Indoor sport facilities can open.
- Formal organised athletics & running (outdoor and indoor) activity that is Covid-secure can take place for both children and adults.
- Outdoor unorganised activity (non-coached) can take place in groups of 30 or less.
- Indoor unorganised activity (non-coached) can take place in groups of 6 or less.
- Disabled people can take part in organised outdoor and indoor sport without being subject to social contact limits.
- Outdoor and indoor competition can take place (with a license).
- Outdoor and indoor intra club competition (without a license).
- Outdoor spectators; multiple groups of 30 or less (per venue capacity).
- Indoor spectators; multiple groups of 6 or less (per venue capacity).
- Accommodation/hotels are open allowing for two-day events and larger scale events are allowed with spectators.
- No restrictions on travel.

Step 4

No earlier than 21st June
(At least 5 weeks after Step 3)

- No legal limits on social contact.
- Club and competition can return to normal.
- Individual activity can return to normal.

PLEASE NOTE: The UK Government may update guidance as we progress through the four steps of the roadmap.
To stay up-to-date with England Athletics guidance visit www.englandathletics.org
To stay up to date with the latest UK Government guidelines visit www.gov.uk/coronavirus