

**Vale of Aylesbury Athletic Club (VOAAC)**  
**ANNUAL GENERAL MEETING**

**Minutes**

Monday 2nd March 2025

Aylesbury Tennis and Squash Club, The County Ground, Wendover Road, Aylesbury  
19.30pm – 20.45pm

| Present                                                                                                                                                                                                                                                                                                                                                                         | Apologies                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Ben Riley<br>Clare Barker<br>Yas Atkey<br>Conor Richardson<br>Helen Rolfe<br>Alice Rolfe<br>Chloe Pollard<br>William Smith<br>Gill Clarke<br>Charlotte Collins<br>John Harrsion<br>Katie Cheung<br>Nicola Smith<br>Amanda Esslemont<br>Dan Barber<br>Harry Czapski<br>Ben Ineson<br>Stephen Parsons<br>Gary Compoton<br>Pat Card<br>Andrew Rolt<br>Paul Gardener<br>David Small | Lucy Cuthbert<br>Mark Fallaize<br>Heatehr Fallaize<br>Trevor Lynch<br>Marcus Maxwell<br>Bex London |

1. Clare opened by welcoming everyone to the AGM.
2. Clare read her Chairmans report
3. BR noted apologies
4. Minutes from last year's AGM on 2<sup>nd</sup> March 2025 were agreed as a true record of the meeting and approved.  
All agreed, no comments.

**APPROVAL FROM NUMBER OF HANDS.**

**5. Treasurers' report**

YA presented the treasures report; The full report is attached

The Club made a profit in 2025/2026

**APPROVAL FROM NUMBER OF HANDS.**

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**6. Team Manager/Race Director Reports**

Gill gave LAG YDL report

Pat Verbally gave a report on upper YDL and the Chiltern League

William gave a report on SAL, thanked all that took part and noted that we had new faces taking part this year, out of who took part we had some great performances. He noted that it was enjoyable and he hopes to see athletes returning this year and hopefully some more athletes come and give it a go

CR verbally gave a report on the Winter Grand Prix, so far with only a few races to go the attendance has been great. The new scoring system is working well, making it fair and giving everyone a equal chance at reaching the top of the table. Conor will be sending out the Summer Grand Prix soon, giving everyone the summer races and the dates, we hope to have as good if not better of a turn out.

Ben verbally gave a report on Boxing Day 5K and Waddesdon 5K, **AR's full reports attached.**

Ben noted the key points throughout the reports and briefly discusses this coming years events.

**7. Election of officers**

CB read out the following

|                                             |                        |
|---------------------------------------------|------------------------|
| <b><u>President and Vice President:</u></b> |                        |
| President                                   | Remains under decision |
| Vice President                              | Vacant                 |
| Hon Vice President                          | Chris Stovold          |
| Hon Vice President                          | Pat Ferguson           |
| Hon Vice President                          | Colin Steptoe          |
|                                             |                        |
| <b><u>Executive Committee</u></b>           |                        |
| Chairperson                                 | John Harrison          |
| Vice chairman                               | Conor Richardson       |
| Treasurer                                   | Yasya Atkey            |
| General secretary                           | Ben Riley              |
| Membership secretary                        | Pat Card               |

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|                                    |                                                   |
|------------------------------------|---------------------------------------------------|
| Coaching co-ordinator              | Conor Richardson/Charlotte Collins/ Lucy Cuthbert |
| Welfare officer representatives    | Helen Rolfe/ Charlotte Collins/ Gary Compton      |
| Safeguarding officer and Lead      | Joan Harrison                                     |
| Officials officer                  | Vacant                                            |
| Health and safety officer          | John Harrison                                     |
| Communications and Website officer | Trevor Lynch                                      |
| Social media officer               | Dan Barber                                        |
| Volunteers officer                 | Pat Card/Clare Barker                             |
| Parent representative officer      | Katie Cheung                                      |
| First aid officer                  | Gill Clarke                                       |
| Senior athlete rep (male)          | Stephen Parsons                                   |
| Senior athlete rep (female)        | Alice Rolfe                                       |
|                                    |                                                   |
| <b><u>Club officers</u></b>        |                                                   |
| PB awards                          | Dan Barber and Katie Cheung                       |
| Club records athletes              | Andrew Rolt                                       |
| Club records road                  | Alan Roberts                                      |
| Welfare Officer - Female           | Helen Rolfe                                       |
| Welfare Officer - Male             | Gary Compton                                      |
| Welfare Officer - Junior           | Charlotte Collins                                 |
| DBS                                | Ben Riley/Pat Card/Helen Rolfe                    |
| Equipment officer                  | Clare Barker (acting)                             |
|                                    |                                                   |
| <b><u>Team/Race management</u></b> |                                                   |
| YDL U20/18 team manager            | Pat Card                                          |
| YDL U13/15 team manager            | Gill Clarke                                       |
| Sports hall U10/12 team manager    | Lorraine Newark                                   |
| Sports hall U14/16 team manager    | Gill Clarke/ Helen and Peter                      |
| Senior track and field manager     | William Smith                                     |
| Men's road & XC team manager       | Stephen Parsons                                   |
| Ladies' road & XC team manager     | Pat Card                                          |
| Road race Grand Prix organiser     | Conor Richardson                                  |
| Boxing day 5K race director        | Alan Roberts/Trevor Lynch/Conor Richardson        |
| Waddesdon 5K race director         | Alan Roberts/Trevor Lynch/Conor Richardson        |

**APPROVAL FROM NUMBER OF HANDS.**

**8. Membership fees 2026/27**

Proposed membership fees for 2025/26 are below.

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**KESTRELS**

New membership: £179

Membership renewal: £149

**JUNIOR**

New membership: £149 (includes UKA registration)

Membership renewal: £139 (includes UKA registration)

**SENIOR**

New membership: £139 (includes UKA registration)

Membership renewal: £119 (includes UKA registration)

**FAMILY**

New membership (x2 members): £269 (includes x2 UKA registration)

Membership renewal (x2 members): £249 (includes x2 UKA registration)

New membership (x3 members): £349 (includes x3 UKA registration)

Membership renewal (x3 members): £319 (includes x3 UKA registration)

**OTHER**

Includes Associate, OAP, Student, Senior (non-track) and (Second Claim - no UKA registration £50).

New membership: £68

Membership renewal: £59

**Additional notes:**

Club vest: £20

EA athlete registration: £23

**APPROVAL FROM NUMBER OF HANDS.**

**9. Coaching volunteering**

Clare noted that we need more coaching volunteers, this is to ensure the continuation of the club and where possible to allow new athletes to sign up.

Under 12's coach needed

Suggestion to review changing group timings so they can share coaches

**A.O.B**

- we all thanked Clare for her years of hard dedicated work as Chairman

- Pat is going to reinstate young athlete management meetings, this is to take away some of the non executive work from the Executive team.

- **John Harrison** thanked Clare again and introduced himself to everyone. He will be making a 5 year plan for the club, working with Conor. Track Renewal still in discussion, storage to sort out a long term solution and other facilities to review.

**Meeting Closed 21:00**

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## Chair's Report 2026

Good evening and thank you for attending the Vale of Aylesbury Athletic Club's 2026 Annual General Meeting tonight.

I am sat in front of you along with Ben and Yasya. I would like to thank Ben, our Club Secretary for all his hard work bringing tonight together, and I would also like to thank Yasya, our Club Treasurer, for having the club accounts ready for this evening. I would like to thank them, together with all our Committee, for their hard work in navigating the club through another year. I would also like to take the opportunity to thank all our incredible coaches, officials, parent helpers and all other volunteers who work together every year to make everything we do as a club possible. And I'll round that out by thanking our athlete members for all their effort and hard work in making 2025-26 another successful year for the club athletically.

So, we are looking at a year of change. Kicking off in April with the Age Group Changes introduced by England Athletics. This will see all age groups under u20 change to even aged year groups from 1<sup>st</sup> April. Bringing in u10, u12, u14, u16, u18 and u20 age groups. YDL will now have u14 and u16 athletes in the Lower Age Group and u18 and u20 in the Upper Age Group. There will hopefully be new competitions coming onboard for u12's, the upper year of whom were previously u13 and part of the YDL team. There will no doubt be a few teething problems over the summer, but hopefully things will settle down quickly. The new 2026/27 athletic year will start in October, kicking off with Cross Country season, followed by Sportshall and the Indoor season, finishing with Track & Field season in April 2027.

We also face continued challenges with the stadium facility, where investment is needed to maintain and improve standards. We hope to be able to continue discussing this with the facility provider over the summer. Any improvements made may include disruption that we will need to navigate.

On a personal note, the last year has been challenging, to say the least. With two separate, big changes to mine and my families' circumstances. Therefore, having had the privilege of being Chair of the Club for the past two or three years, and Secretary for a good few years before that, I have made the difficult decision to step down from my role this evening. I took on the role of Chair temporarily, in my mind anyway, to caretake the club until another, better qualified person stepped forward. We have nominations tonight for Chair and Vice Chair who I have every faith in to guide the club through the next stage of its long history. I would like to take the opportunity again to thank the committee, volunteers and members for their guidance and support over the duration of my time on the committee and lately as Chair. I very much appreciate the support you've shown me.

I would like to add one more thing before I go. Over the last nine or so years, I have been club Secretary, despite never having worked in an office. Chaired the club, despite never having been on a board before. Coaching co-ordinator, despite never having qualified as a coach. I have accompanied teams to competitions to support coaches, I have helped officiate at County Champs and SAL, I have stood in as Equipment Officer, Volunteer recruiter, training organiser and refreshment organiser. I say this, not to boast, but to demonstrate that you do not need experience to get involved. Sparing an hour a week or whatever you can, whenever you can, will make a huge difference not only to our athletes, but for yourself. Please do not be afraid to have a go, or feel you can't because you haven't done something before. I have achieved things I never dreamt I could, I've grown in confidence, met and made new friends, seen athletes grow in all the fantastic ways they do and all because I volunteered. It is both rewarding and enjoyable. Whilst appreciating that everyone is busy, please, if you can spare the time to volunteer with us, as a well know sports company says, Just do it! You won't regret it.

With that, I will hand over to our other speakers.

The club made a profit for the calendar year 2023 of just under £10000.

The main source of Revenue in 2023 was from increased member subs of £ 26,326.17

The Boxing Day race and Waddesdon 5k race both were profitable

the main expenditure during the year was track and container hire, Awards night and chiltern league £

The £10k donation is now in a separate long term savings account until a decision as to

the use of the funds is made and is making interest @2.76%

All events outside of the track hire, container costs and entry to the main competitions

(Chiltern league, summer track competitions and other regular club events) have been self funding as anticipated.

Introduction of card payment has improved club potential to increase income from sales of refreshments when hosting and races sales

The club needs to set budgets going forward and expenditure needs to be matched to the revenue coming into the club.



## Lower Age Group YDL 2025

There were 4 matches in the 2025 LAG YDL season, and we fielded a team for each match. The last match had a smaller team, however, this is due to the date being the start of the school summer break.

All the U13 and U15 athletes represented the club well, and seemed to enjoy the competitions.

We had some good support from parents, with particular thanks to Dexter and Josiahs mums who helped organise some of the younger boys, and to Anne-Marie who helped at match 4 when I was officiating.

Thanks to all of the officials who help to score points but mainly to ensure the matches run smoothly. So thanks to Bex, Helen, Yas, Susanna, Nicky, Dan and Laura. We also had support from other clubs at times to ensure a full set of officials was fielded.

The athletes all put in great performances, and much credit is due to all of them. They battled some very warm conditions in the June and July matches, but were sensible in their approaches. Stand out performances were from Poppy Alder in the U13 Javelin and Bella Lamborn in the U15 throws as well. The girls and boys 4x300m relays were very successful, and the boys came close to breaking the club record. Luca in the 1500m and HJ had a successful season, and Gabriella put in some fine performances in the 800m, 1500m and 300m (including relays) across all the matches. Malin also had a solid season in range of events including shot, HJ and sprints. It's important to note all of the athletes represented the club well, and that their willingness to jump into events when there is sickness or injury is always appreciated.

The 2026 season sees a change in age groups so that the LAG YDL is now U14 (years 7&8) and U16 (years 9 & 10). This means those athletes who stay in the club are very likely to represent the club again in the lower age groups, so we look forward to another successful season.

We will be in Division 1D again, and at the moment there are only 3 matches confirmed as there is no host club for the August match. We look forward to the season ahead.

3/5

1/6

29/6

20/7

## **SAL**

Vale of Aylesbury AC competed in all 4 fixtures of the Southern Athletics League in 2025, specifically within Division 3 West against 7 other clubs.

The first fixture, held at Oxford AC in May, saw 6 athletes representing the club in Nicky Ralston's last fixture as Senior Track & Field Manager. Despite a fantastic performance by Nathan Jones, Aylesbury finished last with 59 points. Special thanks to Nicky Ralston for officiating as well.

The second fixture was the first to be managed by William Smith, held this time at Milton Keynes in June. Athlete representation shot up for this match, with 7 women and 4 men competing. Thanks to stellar performances from Jafar Hassan and the whole U20/U17 team, Vale of Aylesbury finished 6th with 127 points. Special thanks to Helen Ricketts for officiating as well.

The third fixture was slightly further afield, being held in Andover, during one of our hottest July dates. We managed to field a squad of 9 for this match, with Zoe Prescott performing exceptionally. Despite this, Aylesbury finished last with a total of 95 points.

The final fixture held in Oxford in late August, a wet fixture to finish. We managed to declare 15 athletes, despite only 13 attending due to scheduling errors. Consistent performances by regular attendees Mark Fallaize and Trevor Lynch helped Aylesbury secure a 7th place with 137.5 points. Special thanks to Dan Haynes for officiating as well.

Overall in the standings we placed 7th, beating out Andover, due to League Points earned. I'm thankful for the representation of our U17s who helped bolster our squad, as well as those who officiated.

Looking forward into 2026, I'm aiming to structure the squad recruitment in much the same way, using in person sessions as a way to appeal to the regular attendees. Hopefully SAL will see even better support and success than 2025.



### Boxing Day Road Races – 2026 AGM Report

The race continues to attract around 250 runners and this year it produced a couple of sub 16 minute times with our very own Kieran Lindars trading places with Samuel Gebreselassie who is a regular 14 minute 5k runner from Belgrave Harriers only to miss out on winning his home race on the run in. James Davis was 3rd just narrowly missing out on a sub 16 minute clocking. Ex Vale runner Alice Wright won the ladies race with our own rising star Gabriella Cheung mixing it with much older runners to finish in a creditable 3rd place overall.

#### Overall Female

|   |                  |      |                          |       |
|---|------------------|------|--------------------------|-------|
| 1 | Alice Wright     | FS   | Sale Harriers Manchester | 17:38 |
| 2 | Emily Owen       | FS   | Garden City Runners      | 19:05 |
| 3 | Gabriella Cheung | FU15 | Vale Of Aylesbury AC     | 19:33 |

#### Overall Male

|   |                      |    |                      |       |
|---|----------------------|----|----------------------|-------|
| 1 | Samuel Gebreselassie | MS | Belgrave Harriers    | 15:38 |
| 2 | Kieran Lindars       | MS | Vale Of Aylesbury AC | 15:41 |
| 3 | James Davis          | MS | Vale Of Aylesbury AC | 16:01 |

The Vale had several individual winners:

|      |                     |
|------|---------------------|
| FU13 | Freya Ineson        |
| FU17 | Bella Grassly-Banks |
| FV35 | Sarah Pearse        |
| FV45 | Amanda Esslemont    |
| MU13 | Oscar Gardner       |
| MU17 | Zachary Honour      |

Kieran Lindars was the 1st Vale runner home winning the Kirk Clifford Shield and Gabriella Cheung 1st Vale lady home winning the Ruth Alcock Shield. Luca Dolan was the first Under 20 Vale Man and Gabriella Cheung the first Under 20 Vale Lady both winning the Graham Gorman Shields.

In the Junior Fun Run Shona Esslemont did amazing not only finishing 2<sup>nd</sup> overall but was just 1 second behind the winner.

The race wouldn't go ahead without all the many volunteers who help make it happen:

Trevor Lynch and his entries team

Connor Richardson and his team of race marshalls

The Finish Funnel team for handing out the race Medals and bottles of water

Connor Richardson and his team for setting up the course

Robin Barrett for organising the race venue

Mike Fryer our Lead bike

Zac Honour our Young Athletes Hare

The Club are grateful for all of you volunteers who gave up your time over Christmas so please volunteer again for this year's race and if you have not done so before, please consider in doing so. This will ensure that we can continue to hold these long-standing traditional races for our Club members and also for all our local runners and joggers who support this event.

Thank You

**Alan Roberts**  
**Race Director**

|                                             | <b>2024</b>    | <b>2025</b>    |
|---------------------------------------------|----------------|----------------|
| <b>Income</b>                               | <b>(£)</b>     | <b>(£)</b>     |
| Race Entry Fees                             | 4186.65        | 4352.90        |
| Race Chips/Bibs/Pins                        | (267.00)       | (257.00)       |
| racesonline.uk Timing Fee                   | (650.00)       | (675.00)       |
| On-the-Day Cash Entries                     | 240.00         | 69.00          |
| <b>Total Income</b>                         | <b>3509.65</b> | <b>3489.90</b> |
| <b>Expenditure</b>                          | <b>(£)</b>     | <b>(£)</b>     |
| UKA Race Licence                            | 30.00          | 50.00          |
| First Aid (ALR Training Ltd)                | 240.00         | 270.00         |
| Hire of Methodist Church                    | 135.80         | 142.60         |
| Finishers Medals                            | 385.20         | 851.39         |
| Trophies (J Thomas Enterprise Trophies)     | 160.00         | 176.00         |
| Race Prize Vouchers (Up & Running (Oxford)) | 120.00         | 120.00         |
| Race Prize Wine                             | 20.84          | 17.00          |
| Shield Engraving                            | 20.00          | 0.00           |
| Postage re uncollected Trophies             | 4.79           | 0.00           |
| Water                                       | 20.94          | 38.28          |
| Race Refund                                 | 18.00          | 0.00           |
| <b>Total Costs</b>                          | <b>1155.57</b> | <b>1665.27</b> |
| <b>Profit</b>                               | <b>2354.08</b> | <b>1824.63</b> |

**Race Entries – 5k**

| <b>Runners</b>       | <b>2023</b> | <b>2024</b> | <b>2025</b> |
|----------------------|-------------|-------------|-------------|
| Male Affiliated      | 66          | 73          | 84          |
| Male Unaffiliated    | 63          | 94          | 77          |
| Female Affiliated    | 51          | 37          | 35          |
| Female Unaffiliated  | 21          | 37          | 37          |
| <b>Total Entries</b> | <b>218</b>  | <b>241</b>  | <b>233</b>  |

**Race Entries – Junior Race**

| <b>Runners</b>       | <b>2023</b> | <b>2024</b> | <b>2025</b> |
|----------------------|-------------|-------------|-------------|
| Male Affiliated      | 6           | 7           | 2           |
| Male Unaffiliated    | 7           | 8           | 11          |
| Female Affiliated    | 2           | 2           | 2           |
| Female Unaffiliated  | 6           | 9           | 9           |
| <b>Total Entries</b> | <b>21</b>   | <b>26</b>   | <b>24</b>   |



### **Waddesdon 5km Road Race - 2026 AGM Report**

The race produced another sub 16 minute winning time with entries close to 400. The race continues to prove popular with many local Clubs coming back year after year and including our race in their Club Championships. James Davis was the first Vale runner back finishing 5<sup>th</sup> overall and Alice Rolfe the first Vale lady home. The Vale though had several individual winners:

|                   |      |
|-------------------|------|
| Gabriella CHEUNG  | FU15 |
| Annabel SMYTH     | FU17 |
| Iona ESSLEMONT    | FU20 |
| Charlotte STEPTOE | FV40 |
| Peter CHEUNG      | MU13 |
| Zachary HONOUR    | MU15 |
| Seth KAYE         | MU17 |

The 2026 race has been awarded the Bucks Short Course Championships.

The race wouldn't go ahead without all the many volunteers who help make it happen:

Trevor Lynch and his entries team

Roger Kirk/Connor Richardson and their race marshalls

The Finish Funnel team for handing out the race Mugs and bottles of water

Colin Steptoe for setting up the course

Roger Seed our Lead bike

Please volunteer again for this years race and help us continue to make this such a successful event.

Thank You

**Alan Roberts**  
**Race Director**

|                                                               | 2022            | 2023            | 2024            | 2025            |
|---------------------------------------------------------------|-----------------|-----------------|-----------------|-----------------|
| <b>Income</b>                                                 |                 |                 |                 |                 |
|                                                               | £               | £               | £               | £               |
| Race Entry Fees (minus 5% CC commission)                      | 3,846.55        | 4,943.00        | 5120.50         | 5971.70         |
| Race Bibs/Chips/Pins                                          | -794.75         | -848.00         | -130.00         | -558.00         |
| Timing Fee                                                    | -500.00         | -500.00         | -500.00         | -550.00         |
| On the Day Entries                                            | 48.00           | 36.00           | 20.00           | 22.00           |
|                                                               | <b>2,599.80</b> | <b>3,631.00</b> | <b>4,510.50</b> | <b>4,885.70</b> |
|                                                               |                 |                 |                 |                 |
| <b>Expenditure</b>                                            |                 |                 |                 |                 |
|                                                               | £               | £               | £               | £               |
| Fees (National Trust) based on up to 250 Runners              | 450.00          | 450.00          | 450.00          | 450.00          |
| Fees (National Trust) Additional runners Fee @£1.50 + VAT 20% | 0.00            | 55.80           | 61.20           | 131.40          |
| Race licence (Alan Roberts)                                   | 30.00           | 30.00           | 30.00           | 30.00           |
| First aid (UK Ambulance Transport Ltd)                        | 576.00          | 0.00            | 0.00            | 0.00            |
| First aid (ALR Training Ltd)                                  | 0.00            | 360.00          | 390.00          | 390.00          |
| Trophies (J Thomas Enterprise Trophies) includes 10% Discount | 268.60          | 243.00          | 226.80          | 259.00          |
| Race Vouchers (Runners Retreat) Includes 20% Discount         | 220.00          | 220.00          | 220.00          | 220.00          |
| Mugs (Detail Promotions)                                      | 817.20          | 1,024.56        | 1,136.40        | 1,327.78        |
| Waddesdon 5K leaflets (Miss CM Barker)                        | 34.49           | 0.00            | 0               | 0.00            |
| Water (Ruban Arulanandam)                                     | 42.48           | 41.88           | 41.88           | 39.48           |
| Donation (Bucks Fire & Rescue)                                | 60.00           | 0.00            | 0.00            | 0.00            |
| Donation (Waddesdon World Challenge c/o Mark Richards)        | 0.00            | 60.00           | 0.00            | 0.00            |
| Corporate Trophy Engraving (Alan Roberts)                     | 15.00           | 0.00            | 0.00            | 10.00           |
| Postage re Trophy (Alan Roberts)                              | 4.45            | 0.00            | 0.00            | 0.00            |
| Race Entry Reimbursement                                      | 0.00            | 0.00            | 16.00           | 0.00            |
|                                                               |                 |                 |                 |                 |
|                                                               |                 |                 |                 |                 |
| <b>Total costs</b>                                            | <b>2,518.22</b> | <b>2,485.24</b> | <b>2,572.28</b> | <b>2,857.66</b> |
|                                                               |                 |                 |                 |                 |
| <b>Profit</b>                                                 | <b>81.58</b>    | <b>1,145.76</b> | <b>1,938.22</b> | <b>2,028.04</b> |
|                                                               |                 |                 |                 |                 |
| <b>Notes</b>                                                  |                 |                 |                 |                 |
| Race Entry (Club)                                             | 16.00           | 16.00           | 16.00           | 18.00           |
| Race Entry (Unaffiliated)                                     | 18.00           | 18.00           | 18.00           | 20.00           |
|                                                               |                 |                 |                 |                 |
| Entries                                                       | 265             | 313             | 323             | 374             |



| Waddesdon 5km Race Winners |                                      |       |                                        |       |                      |       |           |                         |             |
|----------------------------|--------------------------------------|-------|----------------------------------------|-------|----------------------|-------|-----------|-------------------------|-------------|
| Date                       | First Man                            | Time  | First Women                            | Time  | First Vale           | Time  | Finishers | Race                    | Certificate |
| 22 July 2004               | Owain Jones (Team Solent)            | 16:12 | Joy Noad (Maidenhead AC)               | 19:45 | Paul Gregory (VoA)   | 16:34 | 211       | Waddesdon Manor 5km     | 04/078      |
| 20 July 2005               | Owain Jones (Team Southampton)       | 15:32 | Rosanna Iannone (VoA)                  | 19:09 | Richard Taylor (VoA) | 16:24 | 282       | Waddesdon Manor 5km     | 04/078      |
| 19 July 2006               | Owain Jones (Team Southampton)       | 15:35 | Rosanna Iannone (VoA)                  | 19:14 | Richard Taylor (VoA) | 17:09 | 328       | Waddesdon Manor 5km     | 04/078      |
| 18 July 2007               | Tim Wright (Banbury Harriers)        | 16:47 | Viki Daniels (HR Wallingford)          | 19:29 | Charlie May (VoA)    | 17:20 | 235       | Waddesdon Manor 5km     | 04/078      |
| 16 July 2008               | Andy Blow (VOTWO)                    | 15:49 | Rosanna Iannone (VoA)                  | 18:39 | Declan Hamblin (VoA) | 16:42 | 225       | Waddesdon Manor 5km     | 04/078      |
| 15 July 2009               | Jack Paslow (Shaftesbury Barnet)     | 16:27 | Sarah Rendell (Alchester Running Club) | 20:00 | Charlie May (VoA)    | 16:52 | 236       | Waddesdon Manor 5km     | 04/078      |
| 21 July 2010               | Charlie May (VoA)                    | 16:25 | Ali Young (Chiltern Harriers)          | 19:41 | Charlie May (VoA)    | 16:25 | 234       | Waddesdon Manor 5km     | 04/078      |
| 20 July 2011               | Steven Naylor (Woodstock Harriers)   | 15:23 | Sophie Carter (Woodstock Harriers)     | 17:52 | Charlie May (VoA)    | 16:21 | 237       | Waddesdon Manor 5km     | 04/078      |
| 18 July 2012               | Matthew Salt (Dacorum & Tring)       | 16:08 | Sinead Paley (Unattached)              | 18:34 | Charlie May (VoA)    | 16:40 | 243       | Waddesdon Manor 5km     | 04/078      |
| 17 July 2013               | Fabian Downes (Chiltern Harriers)    | 15:56 | Charlotte Steptoe (VoA)                | 19:42 | Rob Taylor (VoA)     | 16:35 | 261       | Waddesdon Manor 5km     | 04/078      |
| 16 July 2014               | Ian Kimpton (Luton)                  | 15:15 | Sophie Carter (Belgrave Harriers)      | 17:59 | Charlie May (VoA)    | 16:34 | 227       | Waddesdon Manor 5km     | 04/078      |
| 15 July 2015               | Ben Sutherland (Wycombe)             | 16:14 | Alex Eyelbosch (Dacorum & Tring)       | 18:25 | Charlie May (VoA)    | 16:42 | 272       | Waddesdon Manor 5km     | 15/012      |
| 20 July 2016               | James Bolton (Woodstock Harriers)    | 16:34 | Sarah Grover (Dacorum & Tring)         | 19:20 | Harri Kane (VoA)     | 17:08 | 267       | Waddesdon Manor 5K Hill | 16/287      |
| 19 July 2017               | Fabian Downes (Chiltern Harriers)    | 15:50 | Kate Rennie (Dacorum & Tring)          | 18:15 | Alex Walker (VoA)    | 16:38 | 289       | Waddesdon Summer 5k     | 17/098      |
| 18 July 2018               | Fabian Downes (Chiltern Harriers)    | 15:49 | Pippa Woolven (Wycombe)                | 16:57 | Thomas Dell (VoA)    | 16:38 | 309       | Waddesdon Summer 5k     | 17/098      |
| 17 July 2019               | Nathan Jones (VoA)                   | 16:13 | Charlie Arnell (Unattached)            | 17:51 | Nathan Jones (VoA)   | 16:13 | 393       | Waddesdon Summer 5k     | 17/098      |
| 2020                       | No Race Held due to COVID            |       |                                        |       |                      |       |           |                         |             |
| 2021                       |                                      |       |                                        |       |                      |       |           |                         |             |
| 20 July 2022               | James French (Dacorum & Tring)       | 16:04 | Kate Rennie (Dacorum & Tring)          | 17:38 | Thomas Fell (VoA)    | 16:13 | 222       | Waddesdon Summer 5k     | 17/098      |
| 19 July 2023               | Jack Eykelbosch (Dacorum & Tring)    | 15:33 | Kate Rennie (Dacorum & Tring)          | 17:51 | Thomas Fell (VoA)    | 15:46 | 281       | Waddesdon Summer 5k     | 17/098      |
| 17 July 2024               | Thomas Fell (VoA)                    | 15:51 | Sophie Delderfield (VoA)               | 18:17 | Thomas Fell (VoA)    | 15:51 | 284       | Waddesdon Summer 5k     | 17/098      |
| 16 July 2025               | Will Burrard-Lucas (Wycombe Phoenix) | 15:55 | Jessica Hoar (Dacorum & Tring)         | 17:45 | James Davis (VoA)    | 16:18 | 323       | Waddesdon Summer 5k     | 17/098      |